BASELINE SECURITY SOLUTIONS LLC

Baseline Rewind

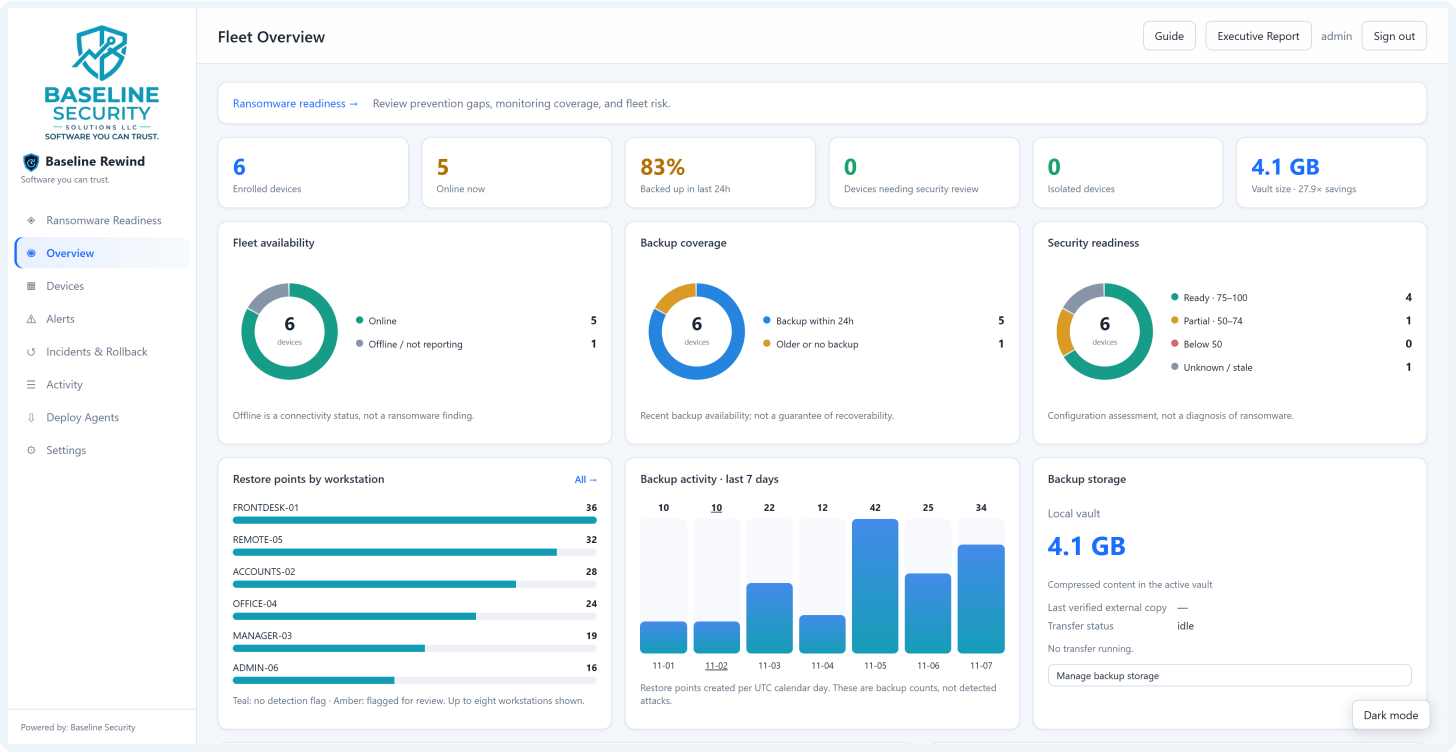
Software you can trust.

HEALTH CARE & CLINICS

Keep patient care moving.

A ransomware recovery plan for the workstations your clinic depends on.

A locked front desk, inaccessible referral packet, or encrypted billing folder can interrupt care and revenue. Give your IT team a clear way to spot trouble, contain affected workstations, and recover protected files.



Actual light-mode Overview. All workstation data and metrics are fictional, not performance benchmarks.

WHAT YOUR IT TEAM CAN DO

See exposure before an incident. Readiness checks surface antivirus, recovery, logging, and Windows protection gaps with recommended fixes.

Contain and coordinate. Canaries, file-behavior signals, and security-event evidence feed one alert stream. Critical policy can pause backups and isolate affected workstations.

Recover deliberately. Protect selected Windows files with a central vault that endpoint agents cannot overwrite or delete; restore from a chosen point with SHA-256 verification. Preview the change scope and test to an alternate folder.

Explain what happened. Executive and technical reports bring posture, restore history, commands, and evidence together.

COMPLIANCE & CONTINUITY

HIPAA contingency planning includes data backup, disaster recovery, and emergency operations. Rewind can support the file-backup and restoration portions of that plan, while its reports help document review and drills. Your clinic must still define ePHI coverage, test recovery, evaluate breaches, and meet its other HIPAA obligations. [1,2]

NEXT STEP

Start with a clinic pilot: protect one front-desk or billing folder and rehearse a verified restore before an emergency.

Scope: Rewind restores protected files, not Windows or hosted applications, and does not remove malware or stop data theft. Protect the server, use HTTPS and storage encryption, and retain separate offline/immutable backups. Compliance depends on your complete program and applicable requirements. Confirm EHR/database recovery with your vendors; Rewind is not an EHR backup certification.

Sources: [1] HHS Security Rule | [2] HHS ransomware & HIPAA